



The North Wind

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The successful applicants at SYGC Trials
Photo by Dr. Carus



Baron's Column



What is the job of a landed Baron and Baroness?

Corpora will tell you that the role of the Baron and Baroness is largely ceremonial.

At a Kingdom level, you will be told that the Baronial Coronet is concerned with the game side of what we do and the Seneschal office is concerned with the legal side.

Among the populace, the Baron and Baroness are seen as the leaders of the Barony.

The job of being the Baron and Baroness is juggling these three viewpoints.

We were at a May Crown and stopped by Temple Caffeina to get a drink. Near us, Duke Darius was talking to someone, a newcomer I believe, when the newcomer asked Darius what the job of King was.

Duke Darius stated that the King is the show.

And I understood what he meant. The King and Queen are the focus points for all the rest of us playing this game. We are pretending we are in a feudal society and there needs to be someone that is inspiring to us that we are willing to bend a knee for. This person needs to look the part and act the part even if they are still trying to figure out their role. They are the stars of the show that make our parts worthwhile.

The King and Queen are Broadway.
The Prince and Princess are just off-Broadway.
The Baron and Baroness are your local community theatre.

The first job of being the Baron and Baroness is to inspire others. You need to be the chief example of chivalry, courtesy, and virtue for your Barony. You want to make the Sargeants proud to be a Sargeant of Lions Gate. You want to make it so people are eager to step forward and enter competitions for the Defenders of Lions Gate or just to take on the responsibilities and duties of a Baronial Officer.

Your second job is to recognize people for their accomplishments. Whether it is a Lions Claw or Knott Yett or the Baroness' Inspiration, people are doing wonderful things in our Barony and they need to be recognized. You can invent your own awards to recognize what you feel is important.

Your third job is to look towards the future. You are a leader of the Barony and can steer the direction the Barony is going. This is a shared role with the Seneschal. One way to look at it is that you may come up with the vision but it will be the Seneschal that will make it happen or, in some cases, tell you why it can't happen. Legal trumps game every time so the Seneschal has the real power here but if you work as a team, things get done.

Your fourth job is to represent the Barony to the Kingdom and the Principality and to represent the Kingdom and the Principality to the Barony. You should make every attempt to get to the Kingdom and Principality events. At Principality events, you will be usually asked to sit in court. Let them know what the issues are and what you feel the solutions are. At Noble Estate, listen to what is working well with other Baronies. They may be having the same problems as you are.



A Baron and Baroness are always on. When you are at an event, you represent the Barony. Every word you say whether in court, casual conversation, or in emails needs to be considered. Listen to everyone but do not commit to any one idea until you have heard from everyone who wants to speak. Whether you know people are watching or not, be the show.

Have Fun, Play Fair

Baron James



Who will next fill these thrones? Gareth and Gaeth await the start of court at SYGC.



On Being a Baroness



What have I taken away from having been the Baroness these past few years? This is a question recently posed.

Everyone wants a purpose. We all need to know we are contributing. It can be as quiet as walking the site after an event removing road tape and stakes in the ground or as loud as a herald announcing the next fighters. We need to help others find their purpose by being open to being helped, approaching someone and asking for help, or saying 'I want to hear your idea, tell me'.

We all have a need to be heard. While you may not get the result you want you need to be able to voice your opinion. You also gain so much by being open to hearing opposing opinions. When we listen we start to understand.

We desire deep relationships. What ties us together is the deep bonds we create as we 'play'. No other hobby that I can think of has this as a key element. Whether it be respectfully listening around a bardic campfire or the incredible pride stirred in a Baroness's heart by a show of character it is something that pulls us and draws us back day after day.

We have many people in our Barony, many skills, many ideas, many different approaches. We have been successful for decades. We will be successful for many more as long as we remember to talk, ask, listen, and love.

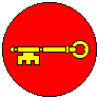


Warmly,
Margaret
Baroness Lions Gate

and as Sergeant Jayson would say.....LIONS
GATE!



A Plea for Volunteers From Our Seneschale



Greetings Lions Gate,

I have the pleasure of announcing that we have a new Minister of Stables taking over as of Sept when Sir Griffin's term in the office comes to an end. Please join me in welcoming HL Miles Fitzhubert into his new role for the Barony and thank you so much to Sir Griffin for his continued devotion to our game. HUZDAH to you both!

Pardon? How can someone from the populace get in on helping to keep our Barony awesome you ask? Well there are other offices presently vacant that need volunteers to fill them and still more where the present officers two year term is coming to a close. Presently we are looking for applications for the following offices:

Seneschal - Accepting applications until August 31st
Baronial Archer - VACANT
Dance - VACANT
Bard - VACANT
Chronicler - Term ending Nov 2013
Librarian - Term ending Nov 2013
Family Activities Coordinator - VACANT

What? You want to help but can't commit to a two year office? Well we also have events that need Event Stewards. Here is a list of the Baronial Events coming up that have no official bids received:

November 30, 2013 - Baroness' Inspirational Tournament - Level 1 - site already booked - Maritime Union Hall
March 29, 2014 - Canterbury Fayre & Banquet - Level 2
May 10, 2014 - Heavy & Archery Defenders - Level 2 - Site already booked - Warner Loat Park
May 30 - June 1, 2014 - Sealion War - Level 1
August 1 - 4, 2014 - Tournament of Armies V - Level 2
Dec 6, 2014 - Baroness' Inspirational Tournament - Level 2

See? LOTS of ways to get involved, meet people, help the Barony in it's awesomeness and so on and so forth. Please email seneschal@lionsgate.tirrih.org for more information.

In Service to the Barony of Awesomeness!
Caitrina

"Quarterly gules and sable, a winged fox sejant argent."





Editor's Letter



Wow. It's nearly September, boy has 2013 gone by fast. I'm sorry the second issue for the year of the North Wind is so late. Partly it was because I was busy preparing towards my adult bat mitzvah in August, partly it was because I didn't have a lot of content to share with you all. But, once again Lions Gate has pulled through to prove the old adage that, "If it wasn't for the last minute, nothing would ever get done," and to pack this newest issue full of exciting things!

TOA was a marvelous, well-attended success, and went smoothly despite a nearly last-minute reshuffling of leadership.

This year's SYGC trials were momentous, and a beautiful way to mark Baroness Margaret's last Trials before she and Baron James step down in the fall. (Speaking of stepping down, Baron James has a lovely article about what it means to be the B&B, widely available online but repeated in this issue.)

The Trials were also wonderful for me to witness personally, as my other husband Gareth Doiron gained the rank of Sergeant, along with new Courtiers Katelyn Hunginton and Wulfstan Hrafnsson. (I wonder how many times Baroness Margaret cried writing that announcement?) A very heart-felt mazeltov to all three. I am so proud and happy for my partner!

In other news, Dr. Carus was inducted into the Order of the Lions Claw (his lovely scroll is this issue's Scroll of the Month), and was made the Baroness' Inspiration for Arts and Sciences, until her step-down. I am so proud and happy for my friend!

As usual, enjoy the new issue. I hope (and need) to have two more out by the end of the year.

In Service,
Wymarcha Hektanah Doiron, AOA, Order of the Lions Claw
Chronicler for the Barony of Lions Gate



"I could have danced all night"
- or maybe it just felt that way
to newly minted Sergeant Gareth
Doiron.











Photo by: Marie de Cheriseye
la foret

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Lions Gate Calendar of Events

September 2013











Date		Branch	Event
Fri - Sun	27-29		Tir Righ A&S and Bardic Championships
Wed	25		Baronial Council
Mon	2, 9, 16, 23, 30		Archery Practice
Thu	5, 12, 19, 26		
Thu	5, 12, 19, 26		Cut and Thrust Practice
Tue	6, 13, 20, 27		Heavy Practice
Thu	5, 12, 19, 26		
Mon	9		Dance Practice
Tue	6, 13, 20, 27		Rapier Practice
Thu	5, 12, 19, 26		
Sat	14		Equestrian Practice
Sun	29		
Fri	6		Newcomer's Information Session
Sun	22		North Wind Content Submission Deadline Issue #353

October 2013








Date		Branch	Event
Wed	23		Baronial Council
Mon	7, 14, 21, 28		Archery Practice
Thu	3, 10, 17, 24, 31		
Thu	3, 10, 17, 24, 31		Cut and Thrust Practice
Tue	1, 8, 15, 22, 29		Heavy Practice
Thu	3, 10, 17, 24, 31		
Tue	1, 8, 15, 22, 29		Rapier Practice
Thu	3, 10, 17, 24, 31		
Sat	12		Equestrian Practice
Sun	20		
Fri	4		Newcomer's Information Session

Lions Gate Calendar of Events

November 2013

Date		Branch	Event
Fri - Sun	1-3		Tir Righ Coronet Tournament
Sat	30		Baroness' Memorial Tournament
Wed	27		Baronial Council
Mon	25		Archery Practice
Thu	14, 28		
Thu	7, 14, 21, 28		Cut and Thrust Practice
Tue	5, 12, 19, 26		Heavy Practice
Thu	7, 14, 21, 28		
Mon	11		Dance Practice
Tue	5, 12, 19, 26		Rapier Practice
Thu	7, 14, 21, 28		
Sat	9		Equestrian Practice
Sun	24		
Fri	1		Newcomer's Information Session

December 2013

Date		Branch	Event
No	meeting		Baronial Council
Mon	23		Archery Practice
Thu	12, 26		
Tue	3, 10, 17, 24, 31		Cut and Thrust Practice
Tue	2, 9, 16, 23, 30		Heavy Practice
Thu	4, 11, 18, 25		
Mon	9		Dance Practice
Tue	2, 9, 16, 23, 30		Rapier Practice
Thu	4, 11, 18, 25		
Sat	7		Equestrian Practice
Sun	15		North Wind Content Submission Deadline Issue #354

Upcoming Events

Stich & Bitch!

Sept. 20, 19:30
825 Salisbury Drive

The next Stich and Bitch will be Friday Sept 20 at 7:30 pm in the common room downstairs at 825 Salisbury Drive. If there is a conflict with an event, I will still be hosting anyway. From the front gate of the building go into the courtyard, and you'll see the stairs on your right in front of the mailboxes. If you have any questions call me at (604) 215 - 4164 anytime or before 7 pm on the 20th.



Imaginarius Fantasticus - 2-day demo opportunity this November!

Greetings my Ladies and Lords,

There will be a 2-day demo opportunity during the 3rd annual Imaginarius Fantasticus!

Date: Saturday Nov. 16th & Sunday Nov. 17th, 2013

Time: Noon - 20:00 (Saturday there will be a small party at a nearby restaurant)

Location: International Village Mall (Tinsel Town) in Vancouver's Chinatown

The Plan:

Saturday - Fighting demo (we have 40+ min on stage. It would be great to have a mock Court before hand)

A&S displays and demos (bards and anyone interested are welcome to preform on stage)

Sunday - A&S displays and demos

There are some opportunities to get paid as a wandering bard or crier. Additionally, merchants are welcome to sell their goods.

Important Deadline: Custom display cases can be built for your work! If you have items you wish to display, please contact me no later than Sunday Sept 8th as I have to coordinate with the event coordinator.

For more information or to get involved, please contact:
Eithne Rose at sharpbellsca@gmail.com

Event Website: <http://imaginariusfantasticus.com>



Ask Our Alchemist



Dear Dr. Carus,

I love fresh meat, lightly cooked, as much as the next person, but it sure doesn't stay fresh for long. Salted meat gets tiresome – there must be other ways to preserve the flesh. How long have we had the concept of refrigeration – the colder it stays; the longer it lasts? What alternatives exist for cold storage?

- Spoiled Rotten

My Lord Rotten,

A very important question. Since the production of food is highly seasonal, especially in high latitudes such as our own, its preservation through the lean times is essential to human survival.

Long before the cause was ever understood, it was observed that when living things die, they soon begin to rot, thus becoming unappetizing, un-nutritious, and dangerous to eat. Therefore, the earliest way of preserving food was simply to keep it alive, and allow its natural defenses to protect it from the forces of corruption. This was most easily done with whole seeds, such as wheat and other grasses, which keep for years when protected from water (that sprouts them, so that they die if not planted) and vermin (rodents and insects, that eat and befoul them); these “grains” would only be ground and otherwise processed immediately before eating. Similarly, poultry or animals would be kept alive through being fed these or other preserved plant products (or, in the case of swine, kitchen scraps), to be eventually slaughtered, cooked and eaten on the same day.

As you've already observed, even dead flesh or vegetation rots slowly or not at all if kept near or below freezing. The larder was a special room that could be protected from summer heat by being buried, insulated (ex with straw, peat or sawdust) and shaded (ex built into the north side of the house, in northern latitudes), and made cool by admitting night or winter air. Or ice, cut from frozen lakes or rivers, near or far: Persia knew the *yakhchal* or “icehouse” from 1700 BC, and imperial Rome imported ice packed in straw from nearby mountains; before widespread mechanical refrigeration in the 19th and 20th centuries, ice was even exported from Scandinavia to Britain, and from New England to Dixie for its chilled Mint Juleps.

Alternatively, plant stalks and leaves (hay), strips of flesh (jerky, biltong) or fish (stockfish), and processed food (biscuits), could simply be dried by sunlight and circulating air. In certain climes, proper conditions for this could be critical and short-lived (“make hay while the sun shines”); sprinkling with salt made this process more dependable. Smoking above a fire both accelerated drying and introduced phenols and formaldehyde as chemical preservatives. Salt water or brine also has preservative properties, especially if food is allowed to ferment therein (“pickling” sauerkraut, production of yogurt, wine, beer — all very ancient; silage, or fermented animal feed, dates from the early 19th C). “Candying” with honey or sugar also has a dehydrating effect (comfit). The use of lye to preserve fish (*lutefisk*) dates from 16th C Norway; slaked lime for corn, from 16th C BC Mexico. Finally, cooked food survives fresh for longer if sealed away from air, in lard (“potting”), or gelatin (aspic), or alkaline clay (Chinese “century eggs”, 15th C) or pastry (pies). Cooking and keeping in sealed clay vessels (“jugging”) predates canning, where a vacuum is further applied (France, 1809; though the first dedicated can openers only appeared in 1855).

As found by Louis Pasteur later in the 19th century, all these methods depend on the suppression of bacterial growth through extremes of temperature or pH, or lack of water or oxygen.

Bon appétit!

Ask Our Alchemist

Dr. Carus answers your questions on Medieval Science & Technology in every issue of the North Wind: email them to him at [darlingg\(at\)activematerials\(dot\)ca](mailto:darlingg(at)activematerials(dot)ca), or to the Chronicler.

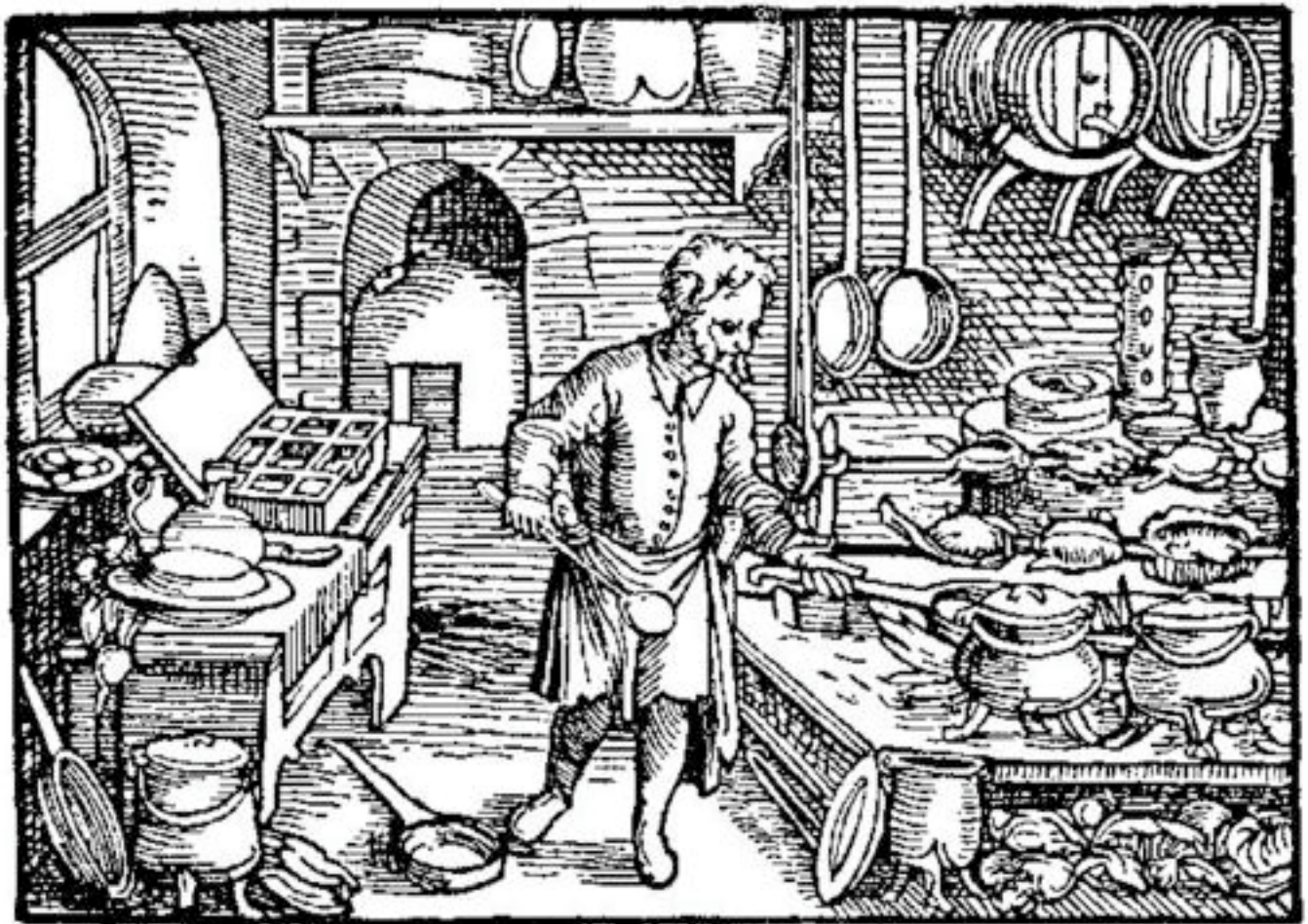
References:

Cato the Elder *De Agri Cultura*, 160 BC.

Hartley D *Lost Country Life*, 1979.

Horgensen H *The Ice Houses of Iran*, 2012; <http://www.hemmingjorgensen.com/> .

Terre Vivante, *Preserving Food Without Freezing or Canning*, 2007.



A&S



A&S



June Coronet



Top: Ponies! Left: Eithne & Dreng's wedding cake, Bottom: Them cutting it!



All Things Equestrian

By Briana

All Thing Practices at the Grene Wode

Select Saturdays, once a month, in conjunction with the Lionsdale Equestrian Practice, the Grene Wode is pleased to host an All Thing Practice: all forms of combat, target archery, arts and sciences, with a potluck and bardic in the evening. These are social gatherings, and aimed to bring back some sense of our larger medieval re-creation community to the combat practices. There will even be classes taught at some! Bring your projects, your armour and your enthusiasm: all branches welcome! These are garbed practices, and the fee is only \$5 per person, children and youths free.

The horse use fee for the equestrian practice part is \$35, payable directly to Don or another Grene Wode employee, and you should already be a student of the Grene Wode's Classical Riding program, able to ride comfortably with the reins in one hand to participate in the games and drill practices.

Upcoming dates are September 14, and October 12 Check the Grene Wode Facebook page for times and details



Ramming speed...with Violante von Oesterreich on Bella, Beast of AnTir. Photo by Briana

All Things Equestrian

Tir Righ's populace was witness to a rare and wondrous sight at the Grene Wode this past Coronet Tournament: a Royal Mounted Processional!

For the first time, our Sovereigns and their Heirs rode into Court on Saturday evening, to the delight of the assembled courtiers. His Majesty UlFR cut a regal figure, bearing the new Sceptre of the realm as he rode the dread destrier Bella, Beast of AnTir, accompanied by his lovely Inspiration, her Majesty Caoimhe, mounted on the imposing Queen B, who accepted the courtesies of the people as her just due.

They were followed into the Storm Court by their noble Heirs. His Royal Highness looked grand as he bestrode the black charger Tascha, and his gracious Lady was resplendent on the lovely dark palfrey Dee.

The whole spectacle was capped in wonderful (and adorable) fashion by the arrival of the heir's daughter, the Noble Toddler Evelyn, on her golden mount, Libby. The Royal Heirs gave her kisses before she rode back out, declaring to the assembled court, "Bye bye! Go, horsey!"

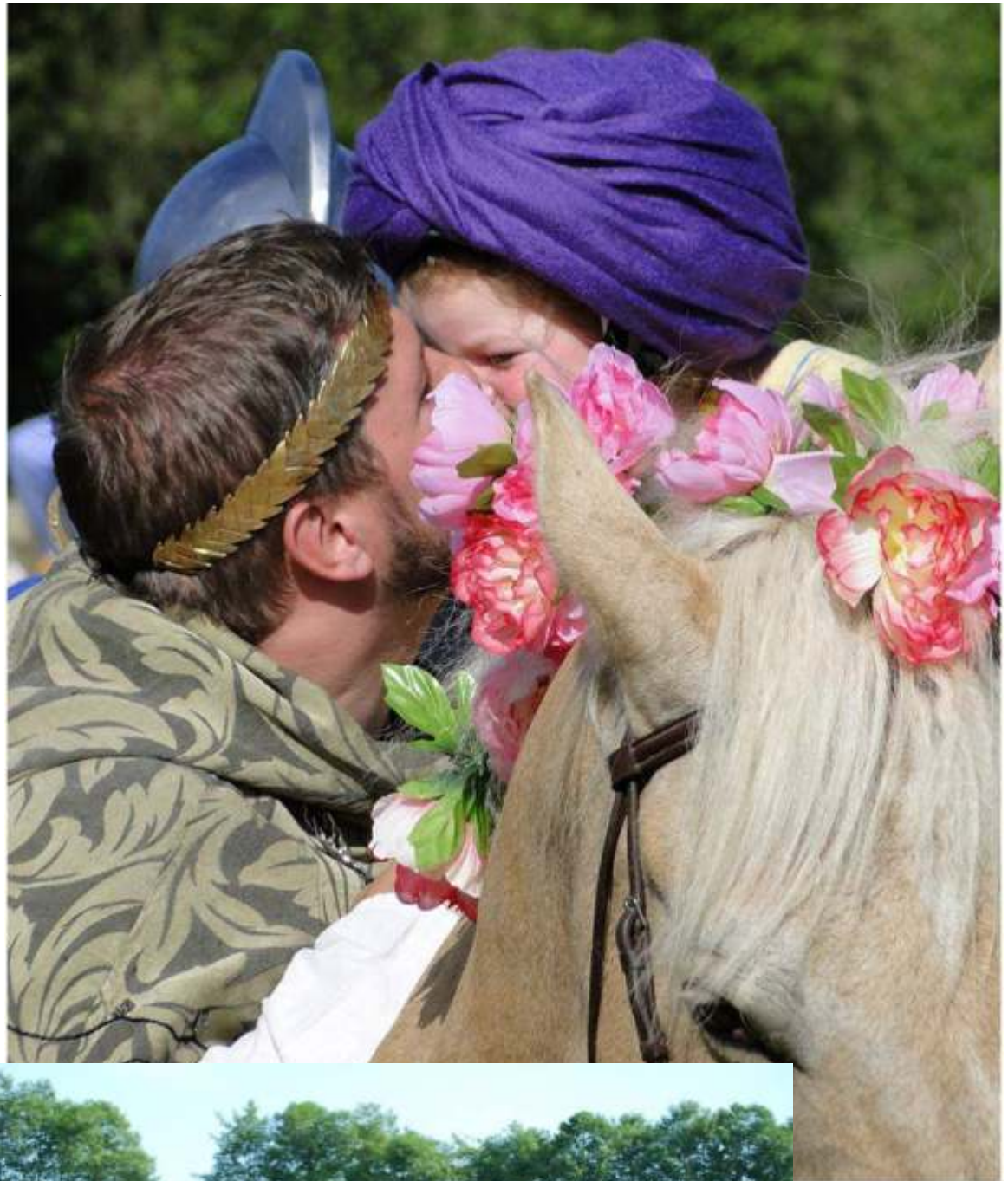
Many thanks to Violante von Oesterreich, our EqMiC, the Grene Wode groundcrew and the Storm Riders of Tir Righ for making this premier happening possible! Here is hoping we will see many more such grand spectacles in the future!



Violante von Oesterreich leads Their Majesties into court. Photo by Briana

All Things Equestrian

Everybody loves a
processional...
especially their
Highnesses.
Photos by Briana



All Things Equestrian

For those who may have missed it, the end of Court Saturday evening at Coronet featured a unique performance of equestrian martial skill, and the issuance of the premier challenge to the nobles of Tir Righ!

Her Ladyship Violante von Oesterreich, astride the mighty Bella Beast of An Tir performed a solo carousel to stirring music, demonstrating to the assembled court some of the many martial games the equestrians use to train their warhorses, and at the finish issued a challenge to the Peers and other nobles to prove themselves also capable as equestrians! As she tossed down the gauntlet, there was a scrimmage to see which of the several assembled Knights and Laurels would achieve it, and HRH Ieuan proved victorious, though he did break the menage fence in the process!

The Challenge will be designed by HL Violante, to prove not just mounted martial prowess but skill and grace on horseback as well, as these ideals are in keeping with the highest forms of equestrian art, exemplified by the Classical Schools of Xenophon, Dom Duarte and Pluvinel. It will take place at an event to be announced: better get mounted up!



The royalty and populace watch Violante von Oesterreich do her stuff. Photo by Briana

Tournament of Armies IV

Margaret's Army Lady Tamsyn leRous

Last night as eve turned into morn
And in my bed I tossed and turned,
My head a-spin, my thoughts run deep,
Was I awake or still asleep?

And on this morn as I lay in bed
a vision danced inside my head,
A dream I had that I thought true
Where Margaret's Army came into view.

The sun shone bright from every spear,
Their armour strong had no compare,
Into the field the gallant host sailed
And the heart of every enemy quailed!

Each soldier true marched boldly in,
Both ladies fair and noble men.
Relentlessly they took the field
With needle and pen and sword and shield.

With arrow and spear and brush and loom
That signalled the opposition's doom.
A more fearsome army there never could be
If you'd seen this sight you'd surely agree.

And at their head their inspiration,
A paragon of illumination,
A baroness with no compare,
The valiant Margaret of Stirlingshire!



Archery at TOA. Photo by Thérèse de Merc

Sergeants & Courtiers Trials



The applications.
Top: Katelyne Huntington,
Middle: Gareth Doiron,
Bottom: Wulfstan Hrafnsson



Sergeants & Courtiers Trials



The many moods of Baroness Margaret. Top: Hugging Sargent Miles, Middle: Speaking about the Sargentry, Bottom: Tying the Baroness' Inspiration favour for Arts & Science on Dr. Carus.



Sergeants & Courtiers Trials



Left: “I feel like dancing, yeah!” Sergeant Galeth clearly believes Disco is Forever (and period)

Bottom Left: Sergeant Jayson is clearly ready for battle.
(Photo by: Marie de Cheriseye la foret)

Bottom Right: “When in doubt, entertain yourself”, thinks bard Briana.



Sergeants & Courtiers Trials

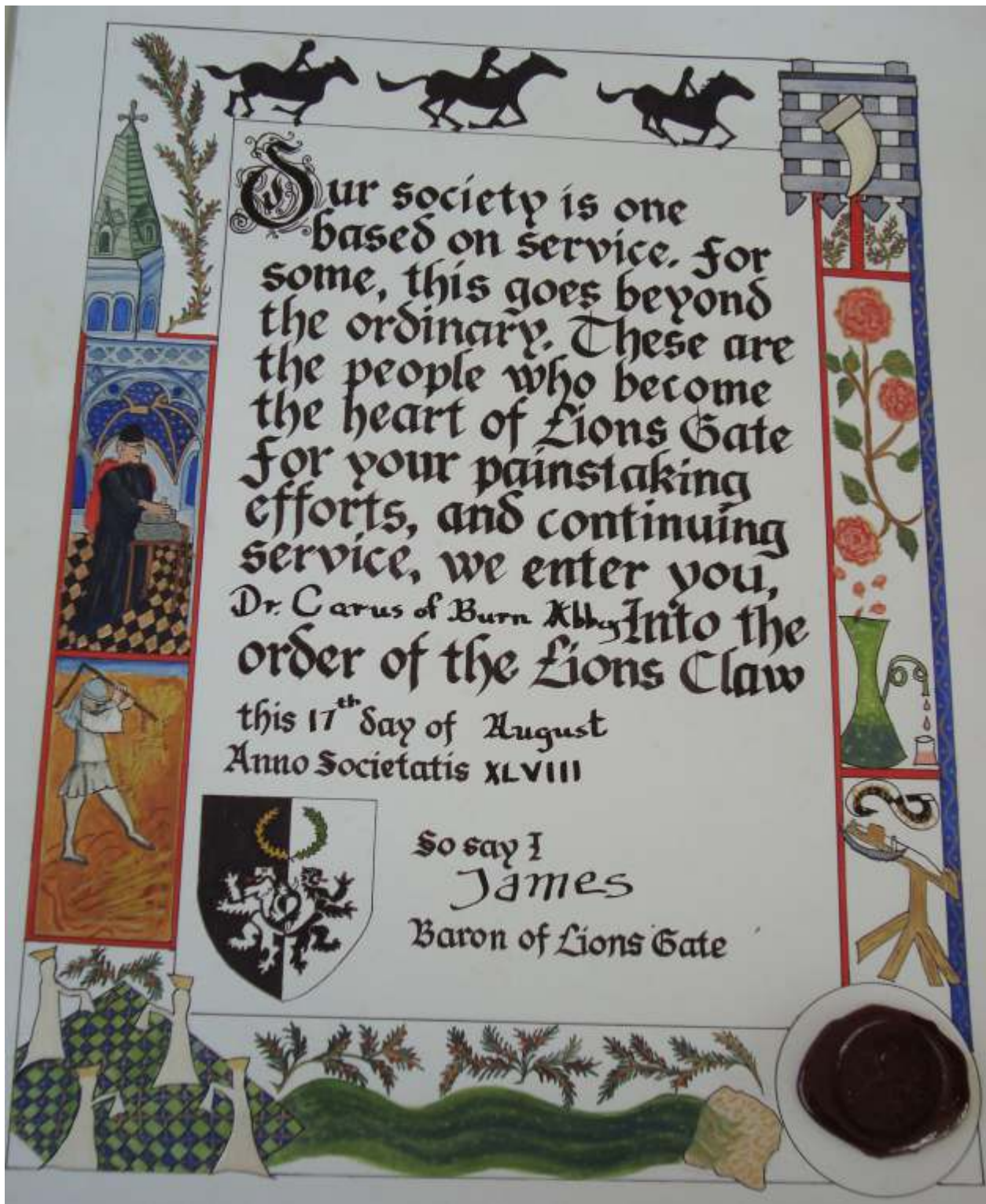


Top: Watch out, it's coming right for us! Um, Gareth, I think you're supposed to throw that pointy-end forward...

Bottom: Lions Gate's first three Lancers candidates make it look so easy, don't they?



Scroll of the Month



Dr. Carus' Lions Claw scroll, designed and painted by Lady Tamsyn leRous, calligraphy from original charter by Dona Lasairiona inghean Uilliam na Seoltadh.

The scroll features just a sampling of the many innovative science projects of Dr. Carus including: The Golden Fleece, the Baronesses Inspiration Machine, the Prancing Pony "light brigade" Lantern, the rose water still, the miniature Great Stone Bow, and, of course, his quern!

Crown & Council



Their Royal Majesties of An Tir - Ieuan Gower II & Gwyneth Gower II
(king@antir.sca.org, queen@antir.sca.org).



Their Highnesses of Tir Righ - Christian Bane & Heléne d'Anjou
(prince@tirrigh.org, princess@tirrigh.org).



Baron & Baroness of Lions Gate - Their Excellencies James Wolfden and Margaret Hamilton
(baron@lionsgate.tirrigh.org, baroness@lionsgate.tirrigh.org).

Baronial Council

Seneschale - Caitrina inghean Aindriasa, seneschal@lionsgate.tirrigh.org
Contingency Deputy - Brigitte die Arrogante
Watch - VACANT|

Chancellor of the Exchequer - Asny Ravnsdottir, exchequer@lionsgate.tirrigh.org
Deputy Exchequer - Ylas Anasdoter, deputyexchequer@lionsgate.tirrigh.org
Chamberlain - Johanna, chamberlain@lionsgate.tirrigh.org

Sable Loat Pursuivant (Herald) - Garet Doiron, herald@lionsgate.tirrigh.org

Minister of Stables - Griffin, stables@lionsgate.tirrigh.org

Archery - Jaqueline Lefleur, archery@lionsgate.tirrigh.org
Master of Blades (Rapier, and Cut & Thrust) - Mitaias, blades@lionsgate.tirrigh.org
Lists - Caitrin ni Cingeadh, lists@lionsgate.tirrigh.org

Chronicler - Wymarcha Hektanah Doiron, chronicler@lionsgate.tirrigh.org
Librarian - Ylas, librarian@lionsgate.tirrigh.org

Minister of Arts & Sciences - Aelana Cordovera, artsandsciences@lionsgate.tirrigh.org
Contingency Deputy - Dr. Carus

Bardic Arts - Azure Mary Macgregor, bardicarts@lionsgate.tirrigh.org
Dance - Rhiannon ap Gwynedd of Clan McBeighn, dance@lionsgate.tirrigh.org
Games - Uilliam MacAndrew, games@lionsgate.tirrigh.org

Chatelaine - Tamsyn le Rous, chatelaine@lionsgate.tirrigh.org

Baronial Scribe - Marie de Cheriseye la foret, scribe@lionsgate.tirrigh.org
Deputy - Miles FitzHubert

Baronial Webminister - Solveig
Deputy (Webspinner) - Dreng