



The North Wind

Newsletter of the Barony of Lions Gate

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The Baron's Column

Baron Griffin ap Bedwyr

The first column of the year, have to make it riveting and sensational, a must read for all members of the Barony... ok maybe not. I'll settle for reasonably coherent. Yes, it is indeed a new year and everyone is looking forward to a fun, exciting and full season of events. Of course none of this can or will happen without someone to do the heavy lifting. I believe I have said this before, but our group and its associated events cannot run by themselves and therefore we need volunteers. Last year we had a great deal of difficulty finding people to run our usual events and a lot of the work fell on the same people who have been doing it over and over. Fresh blood is needed and so I call upon all those who are waiting in the wings to come out and make your debut. Autocrat an event, become an officer or a deputy, go to a demo. Even if you have never done any of these things we would welcome you, and we have many who would be there to help you out. We need to widen our talent pool to ease the strain so please volunteer.



Speaking about volunteering, how about doing a demo? There are quite a few coming up over the next month as well as a big one for the CelticFest in mid March. So come out and share

your passion and your stuff and help grow our community. One thing we are trying to do is make sure we are presenting a proper impression of ourselves as well as the Middle Ages. This means period appropriate and decent garb, and remember—many of the demos we do are for children who may be frightened off by excessive cleavage and leather S&M type fantasy outfits. So come out with your best gear and share, you probably won't even have to talk just stand around and look good.

In January of 1066 Harold Godwinson was crowned King of England following the death of Edward the Confessor on Jan. 5th. Of course this event led to the major events in English history when William of Normandy, somewhat annoyed at not getting the crown he thought had been promised to him, invaded and defeated Harold's army at Hastings. ❄

About the North Wind

This is the February 2009 issue of The North Wind, a publication of the **Barony of Lions Gate**, of the **Society for Creative Anachronism, Inc.** (SCA, Inc.) The North Wind is available from the Chronicler, Cassandra Caunce (Lady Ceara inghean uí Mhadadháin), 18025 - 63 Avenue, Cloverdale, BC, V3S 6W8, ccaunce@shaw.ca. It is not a corporate publication of SCA, Inc. and does not delineate SCA, Inc. policies.

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The North Wind is also a publication recognized by the **Northern Society for Creative Anachronism** (NSCA). The Northern Society for Creative Anachronism was incorporated in July 1976 under the *Society Act* in the Province of British Columbia, Canada, to provide a venue for reporting finances to the British Columbia Government so as to maintain non-profit status. After a few years, the NSCA made arrangements with Sport BC to provide third party liability insurance and out-of country travel insurance. For more information about the NSCA, please visit their web site <http://www.nasca.bc.ca/>



Council Highlights

Jan, 2009

- * **Seneschal (Uilliam)** - Waterbearers will not be an official office so basically the status quo. Nothing truly changes, nothing will be regulated.
- * **Demos (Aelana)** - Tons of requests.
 - o Langley Fundamental Middle School on Feb 3 at 6pm (Ceara organizing)
 - o Scott Creek Middle School (Feb 6 at 12:30). Needs heavy fighters. Around 160 kids. (Caitrina)
 - o Walnut Grove Demo Feb 19 at 6pm (Ceara)
 - o Teck School in Vancouver around lunch time. No date set but it will be Feb. (Aelana)
 - o Celtic Demo March 15-ish (Caemgen/Uilliam)
 - o Beaver Demo in Delta. April 27 for an hour. Something active like fighting.
- * **Exchequer (Anika)** - Some candle holders are still missing (look like brushed steel, dual taper holders). Suggested they may have made their way to Eisenmarche. The Baronial wall hangings have been found ... YAY!
- * We have a new **Chamberlain** team - Algae and Edrik.
- * **Banquet** - The Barony lost about \$100 at Baronial Banquet but it was money well spent for such a good time.
- * **Chronicler (Ceara)** - has a new Publications Deputy - Beitris ingen Giolla Mhuire. She has extensive experience in publications professionally so I suspect that a North Wind makeover is coming soon!
- * **A&S (John)** - February is gonna be busy! Additionally in the off weeks (yea right) we are looking at some workshops. They are in the planning stage so more a quarterly projection right now.

- * **Chatelaine** - Uilliam is very proud of the Barony in doing the job and welcoming our newcomers.
- * **Gold Key** position finally filled. Thanks to William - a newcomer
- * **Clinton Biffees (Chang)** - Approval granted to go ahead with a full design and cost. Chang will also go ahead and talk to Maelan and see if it's okay.
- * **Clinton Report (Ceara)** - All the ideas that were voiced were included in a document and the highlights read at Council. Lots of interesting ideas were mentioned and discussed.
- * **Bids for Clinton** are desperately requested. Please.
- * **Celtic Fest Parade** - We've been offered a spot in the parade. Discussed at the past Bransle and Genevieve and Rhiannon are going to start organizing this.
- * **A&S/Newcomers/Days of Dance (Morweena)** - Fabulous event line up described. Come!
- * Miles has offered to Autocrat **Heavy Defenders**. ❄



Calendar of Events

Events with information included in this issue of the North Wind are indicated in bold.

February

3 Demo at Langley Fundamental Middle School
 6 Demo - Scott Creek Middle School
 7-8 A&S Defenders/Days of Dance/Newcomers
 14-15 Shitterwoode Spring Ithra
 19 Demo - Walnut Grove Secondary
 21 Lionsdale Winter Tourney
 25 Baronial Council*
 27 Bransle

March

11-16 CelticFest Demo
 14 Daffodil - Barony of Seagirt
 25 Baronial Council*
 27 Bransle

***Lions Gate Baronial Council** is where the "business" side of the Barony is run. All members are encouraged to attend council. Council is held on the 4th Wednesday of the month, 7:30pm at the home of HL Uilliam (our Seneschal) and his lovely wife, HL Caitrina. The address is 3174 Sechelt Drive in Coquitlam.

Please contact the Seneschal, HL Uilliam mac Fearchar mhic Gille Aindraais (Mark Hood) if you have any questions or business for Council. He can be reached at (604) 785-4961 or via mhood@shaw.ca.



Arts and Sciences, Day of Dance and Newcomers

The event that truly has it all.

Rapier fighting, Arts and Sciences displays, classes for SCA newcomers and old timers, dance, heavy fighting, the selection of the newest Arts and Sciences Defender, and a potluck supper and tavern. Really now, what more can you ask for?

Arts and Sciences Defenders, Day of Dance and Newcomers

Feb 7 & 8 2009

Masons Hall, New Westminster

508 Agnes Street (Entrance round the back off of Victoria)

Gate opens at 9:30 both days. Site closes at midnight on Saturday and 6 pm on Sunday

Site fee:

Adult	\$10
youths 13-18	\$5
Child 12 and under	FREE
Family cap	\$25
Revel only	\$5

Ah yes revel, I did mention that, right?

Potluck dinner with a main dish prepared by Shareef (be warned he spices his lamb very well indeed) and a cash bar. Can't potluck due to food issues or allergies? Feel welcome to bring your own supper and still join us for supper.

Autocrat: Alienor Sanz-Argent (Margaret Sutherland)

e-mail: sanz-argent@yahoo.ca

phone: (604) 568-3391

Co-Autocrat: Morweena (Marion Drakos)

e-mail: morweena@yahoo.ca

phone: (778) 232-4510

Schedule (not including class details)

Saturday

9:30 am	Gate Opens	
All Day	Downstairs Hall	Available for socializing and working on projects
	Red Room	Arts and Sciences and Guilds Displays hosted by Mary Ostler (42vince@gmail.com). Please note, no food or drink at any time in the Red Room
10:00 am (3 hours)	Library	Newcomers Class - Introduction to the SCA in the Library, emceed by Mistress Elizabeth Braidwood (3 hours)
1 pm	Lunch	Available to purchase from the kitchen, or bring your own
2 pm	Main Hall, first floor	Rapier Class/Demo. Contact Lady Mariko at email.korinne@gmail.com.
		Lots of classes throughout the building, details will be available on the website.
6 pm		Potluck dinner Please bring a dish to feed 5-6 people (see above).
Evening	Court	
		Revel (cost for revel only \$5). Brought to you by the Lions Gate Party Goddesses Anika and Morweena. (possibly more dance lessons)

Sunday

9:30 am	Gate opens	
10 am-1 pm	Lots more classes throughout the building. Details available on website.	
1 pm	Lunch	Available to purchase from kitchen or bring your own
2 pm	Main Hall, First Floor	Heaving Fighting Class/Demo. Contact Lady Mariko at email.korinne@gmail.com
		Pied Piper Activities for Kids and Parents Organized by Lions Gate Pied Piper Tamsyn le Rous (tamsynlerous@gmail.com). Please note: Pied Piper is NOT a babysitting service. Parents are expected to be there with their children.
3 pm	Closing Court	
After Court	Pack up, cleanup, go home by 6 pm	

Medieval Trivia

How well do you know your history? Test your knowledge by seeing if you can answer these questions. (Answers can be found on page 8.)

1. What was Cluny known for?
 - a. Its castle
 - b. The great battle that was fought there
 - c. Its monastery
 - d. Its significance in the wool trade

2. In which of these cities was a renowned university, known for its law and medical schools, established in the 11th century?
 - a. Bologna
 - b. Glasgow
 - c. Paris
 - d. Vienna

3. What was Beothius known for writing?
 - a. An astronomical treatise
 - b. Epic poetry
 - c. A history of Rome
 - d. Philosophy

4. Hungary was founded when what people settled in the middle basin of the Danube valley?
 - a. The Alans
 - b. The Huns
 - c. The Magyars
 - d. The Visigoths

5. In the Middle Ages, an acre was measured as:
 - a. 38,520 square cubits
 - b. 56,450 square feet
 - c. One day's ploughing for one plough team
 - d. One month's ploughing for a single ox.



Baronial Banquet

December 6, 2008

Court of their Excellencies Baron Griffin and Baroness Caitrin

HL James Wolfden presented Archery awards to: Kenneth of Shaftsbury - elevated to Captain of Company of Archers; Most improved" archers: Jaqueline LeFleur and Janos Vados were awarded Pierced Arrows; To Janos Vados a Tassle and "Archer Rank" and to Maelgwyn a Tassle and "Master Bowman"

Outgoing Baroness' Champions, Aethelstan - Combat" and Dr. Carus - Sciences returned their regalia and were presented by the Baroness with tokens and scrolls commemorating their terms in office. Their successors were not present.

HL Colin McKay announced a "Boxing Day Bash" and invited all present to attend.

The Baron and Baroness presented Jason Werner with an Award of Arms. They also gave him the scroll that he did not receive with his Lion's Claw.

First time attendees were called forward to be welcomed and presented tokens by Baroness Caitrin and Baron Griffin.

Autocrat HL Algae Mac Beign thanked her team: cook, kitchen staff and servers for their excellent food and service. The Baron and Baroness took the opportunity, with Autocrat and Cook Cassandra Wineday both present, to thank them and gift them with tokens of appreciation.

The Mortar and Pestle for the most memorable meal served was Awarded to Cassandra Wineday for the food just consumed at this Baronial Banquet.

The outgoing Sable Loat, Aline de Seez returned her regalia and assisted in the swearing in of her successor, Caemgen mac Garvey who was presented with the Staff and Cloak of office.

The Baron and Baroness presented Lion's Claws to: HL Aine Inghean ui Chonchobhair and Mistress Katherine atte Moure. ✱



Figure 1. Accessed at <http://www.gutenberg.org/files/12254/12254-h/images/illus046.jpg>



Paper Making

Lady Ceara inghean uí Mhadadháin



In hopes to inspire future participants for Lions Gate's A&S Defender. This is my entry from last year. It was not a winning entry but I did receive some very good feedback. Here is my documentation.

Description:

Hand-made paper and the process of making it

Culture and time period:

Paper is credited to the Chinese for its invention in 105 AD (2). Although the word "paper" comes from the word "papyrus", papyrus isn't a true paper. Papyrus was made initially by the Egyptians by weaving softened reeds of the papyrus grass then pounded thin and dried. Papyrus is actually a woven mat, not paper. Parchment and vellum is made from animal skins. A true paper is made of pulped fibres, which was typically from plant fibres (mulberry bark, bamboo, etc.), linen or cotton.

It took time for the technology of papermaking to spread to the Western world of Europe and it was largely attributed to wartimes. In 751 AD, several Chinese papermakers were captured by Islamic warriors and then whisked away to form the would-be papermaking hub in Samarkand. The time of the Crusades during the 12th Century is when papermaking finally arrived in Europe. (2)

It wasn't until 1690 that papermaking, as we know it today, made its way from Europe to America. The first paper mill was constructed in 1691 in Roxborough, Philadelphia by William Rittenhouse and his printing partner, William Bradford. (1)

The way they did it:

The pulp that was needed for the process was a labour-intensive process. Ts'ai Lun, the inventor, took the inner bark from the mulberry tree along with bamboo, soaked it in water to soften it then pounded it with a wooden tool to create the pulp. The pulp was then poured onto a coarsely woven cloth to allow the fibres to settle and the water to strain through. Once it was dry, the resulting leaf of paper was ready for writing upon. (2)

The process that is being imitated for my project is a little newer in technology than that created by Ts'ai Lun. This process used a mould and deckle. The deckle shapes the paper while the mould holds the mesh used to capture the fibres in the pulp.

To create the pulp, rags of linen were left in a vat with a little water to rot for a few days. Once the fibres were sufficiently loosened, the rags were fed into a stamping mill which broke apart the fibres to create the pulp. Two people were needed to create the paper. The first person was the vatman and his job entailed taking the mould and deckle, dipping it in the vat of pulp then lifting it to allow the water to drain away and form the leaves of paper. The coucher would remove the newly made paper from the mould onto felt and stack them for pressing. Once a



Figure 2. Image accessed at <http://library.uvic.ca/site/lydgate/lydgate/ms/pages/manuscript/paper/papermaking.htm>

stack of leaves was large enough, they were pressed using screw press to squeeze out as much water as possible. A third worker, the layman, was responsible for removing the felt between the leaves of paper and neatly stacking it so that it could be pressed again and again until it was ready to be hung for drying. Once dried, the paper needed to be sized if it was going to be used for writing. Sizing treats the paper so that inks would not bleed. To do this, the paper was dipped into a liquid made from boiled bits of parchment or leather shavings. After the paper had dried, it was burnished with a smooth stone to create the writing surface. (3)

The way I did it and why:

Materials: Largely, the reasons I chose the method I used was due to materials that were available to me and within my non-existent budget. Time was also a factor. The frames for the mould and deckle were made out of wood scraps that I found in my husband's shop. They were glued together then stapled to provide additional stability. By happenstance, there was some mesh in my husband's shop as well however it was much too narrow so I bound two strips together using thread. For pulp, I simply used some paper that was lying around for recycling.

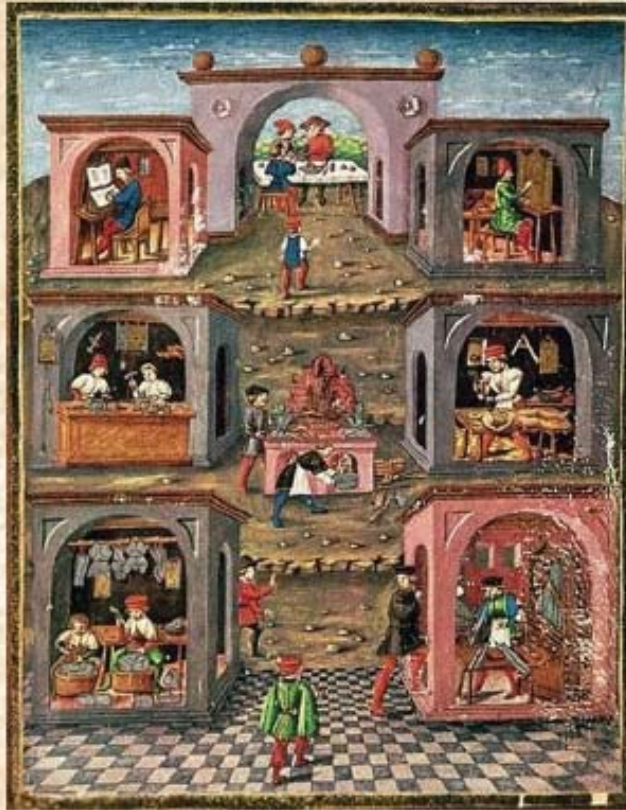
Procedure: To make a pulp, the paper was shredded then soaked in some warm water for approximately 2 hours (rotting). This mixture was then fed into the blender (stamping mill) to break up the pieces and create the pulp. Since I had some size issues with my bin/tray for holding the mould and deckle, I simply placed the mould and deckle into my bin and poured the pulp into the mould. After letting it sit for a moment, the mould and deckle were removed from the bin and the deckle was then taken off to reveal the pulp. A piece of felt was laid over the paper then flipped over so that the excess water could be sponged away through the mesh on the mould (couching). Once most the water was squeezed out, the mould was removed and the wet paper exposed. This process was repeated a few times, with each successive leaf of paper being layered between the felt. When the stack was finished, a weight was placed on top so that it could press more water out as it dried. After a short period, the paper was then removed from the stack and laid out to dry.

Bibliography:

- (1) Green, J. 1990. The Rittenhouse Mill and the Beginnings of Papermaking in America. The Library Company of Philadelphia.
- (2) HQ PaperMaker. 2004. History of Paper. <http://www.hqpapermaker.com/paper-history>. Accessed February 4, 2008.
- (3) Clement, Richard. 1997. Medieval and Renaissance Book Production - Manuscript Books. <http://gateway.uvic.ca/lydgate/lydgatems/pages/manuscript/paper/papermaking.htm>.

Answers to Medieval Trivia on page 5. 1. (c) 2. (a) 3. (d) 4. (c) 5. (c)

Goode gentles alle! Be thou warmly
welcomed to the grandest spectacle and
entertainment in the land!



*The Shire of Danescombe and the Principality of
Tir Righ invite you to their first
Medieval Spring Faire
where all that is wond'rous about our Principality and
Society will be demonstrated to the modern folk.*

*Join us Saturday, March 28th
at the Kelowna campus of the Okanagan College in Kelowna, BC,
for a day of entertainment and merriment.*

Details available on the Shire of Danescombe website.

Compendium



- * **Their Royal Majesties of An Tir** – King Owain ap Einar and Queen Adwen Wrenn (king@antir.sca.org, queen@antir.sca.org).



- * **Their Highnesses of Tir Righ** – Prince Raknar Guntharsson and Princess Chiara La Fiamma (prince@tirrigh.org, princess@tirrigh.org).



- * **Baron & Baroness of Lions Gate** - TE Griffin Ap Bedwyr and Caitrin ni Cingeadh (griffcait@shaw.ca). 12159 – 222 St. Maple Ridge, V2X 5W4.

Officers of Lions Gate

Seneschal HL Uilliam mac Fearchar mhic Gille Aindraís (mka Mark Hood), seneschal@lionsgate.antir.sca.org, (604) 785-4961

- * **Demo Coordinator** - HL Aelana Cordovera, demo@lionsgate.antir.sca.org
- * **Watch** - Position filled. Contact info coming soon. watch@lionsgate.antir.sca.org
- * **Gold Key** - William
- * **Explorer** - HL Vivien of Shaftsbury explorer@lionsgate.antir.sca.org
- * **Ambassador** - HL Kenneth of Shaftsbury ambassador@lionsgate.antir.sca.org

Exchequer HL Anika Steif (mka Christi Frank) exchequer@lionsgate.antir.sca.org, (604) 838-2979

- * **Deputy** - HL Cara d'Aquilla, deputyexchequer@lionsgate.antir.sca.org
- * **Chamberlain** - Sir Sigurd Kerr de Roxburgh, chamberlain@lionsgate.antir.sca.org, (604) 520-1733.

Chronicler (*interim*) Lady Ceara inghean ui Mhadadhain (mka Cassandra Caunce), chronicler@lionsgate.antir.sca.org, (604) 574-6364, .

- * **Publication Deputy** - Beiris ingen Giolla Mhuire
- * **Webminister** - Lord Rothgar, webminister@lionsgate.antir.sca.org, (604) 856-3653
- * **Librarian** - Lady Mariko librarian@lionsgate.antir.sca.org, (778) 885-8152

Chatelaine HL Genevieve Barbota of Gryphonshold chatelaine@lionsgate.antir.sca.org, (604) 872-8550, cell (604) 872-8550

- * **Deputy** - Mistress Katherine Moore, chatelainedeputy@lionsgate.antir.sca.org
- * **Pied Piper** - Tamsyn le Rous (mka Toni Glick), piedpiper@lionsgate.antir.sca.org

- * **Pied Piper Deputy** - Illyria di Firenze, piedpiperdeputy@lionsgate.antir.sca.org, (778) 238-7811
- * **Dragonward** (rides to events) - Winifryd Euphemia Doiron, dragonward@lionsgate.antir.sca.org

Arts & Sciences Master John Macandrew (mka John Mail), artsandsciences@lionsgate.antir.sca.org, (604) 524-1509

- * **Bard** - HL Sionann in Ui Fhlaitheartaig, bardicarts@lionsgate.antir.sca.org
- * **Dance** - VACANT
- * **Games** - Lord Kerry mac Garaidh (mka Kerry LeHay), games@lionsgate.antir.sca.org (604) 530-2406

Herald (aka Sable Loat Pursuivant) Lord Caemgen mac Garbith (mka Kevin Garvey), herald@lionsgate.antir.sca.org

- * **Voice Herald** - HL Uilliam mac Fearchar mhic Gille Aindraís, voiceherald@lionsgate.antir.sca.org.

Scribe - HL Miles FitzHubert (mka Robert Nicolls), scribe@lionsgate.antir.sca.org, (604) 534-7124

- * **Deputy** - HL Aelana Cordovera

Stables (aka Marshal) HL Cyneric Bearson (mka Darren Cocking) stables@lionsgate.antir.sca.org, (604) 576-4351

- * **Archery** - HL James Wolfden, archery@lionsgate.antir.sca.org, (604) 589-3292 (no calls after 10pm please)
- * **Blades** (rapier) - Lord Warwick Drakkar, blades@lionsgate.antir.sca.org, (604) 838-7466
- * **Lists** - HL Algae McBeign, lists@lionsgate.antir.sca.org, (604)599-1617
- * **Chirurgion** - VACANT
- * **Waterbearer** - VACANT

Officer Openings

Anyone who is interested in volunteering for any position should contact the Seneschal, Baron and Baroness at your earliest convenience. For more information about the Offices, either just ask or look it up on the An Tir website