

The North Wind



AS LVIII
July August September

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<https://lionsgate.tirrigh.org>



Barons Column

Summer is done. And what a summer! So many great events. Lions Gate returned to Clinton. The war was fierce between Lions Gate and Cold Keep. But the Barony prevailed over the Princa and his Pack. It was a truly wonderful homecoming, and Their Highnesses surprised me with a Raven. I was honoured. We also had the Trials after much searching for a site. We have a new Courtier and Sergeant to add to the ranks of the army of Lions Gate. And the inaugural Salon Artificum was a rousing success. The geek is strong in Lions Gate. Soon we have more coming with my Lady's Inspirational Tournament shortly after Coronet and then Baronial Banquet to finish off the season. Both Her Excellency and I want to wish everyone a Happy Halloween and the best of the holiday season to follow that. Lions Gate you do us proud and we are happy to serve you.

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Past Events

Lions War

August 4-7

Pray attend the words of the Event Steward for Lions War 2023: Thank you to everyone who made it out to the war this year and hope to see you next year to all those unable to make this year's journey. We had the expected wind, rain & sunshine for the Martin Ranch site, but most of all we had fun! For those that did not hear, we had battles for war points in Armored combat, Rapier, Archery, Thrown Weapons, Arts & Science, Service, and a Children war point. It was close and hard fought, but in the end Lions Gate & her allies took 7 war points to Cold Keep's & the Hordes from the North's... let's just say Lions Gate remains a strong force for the Principality of Tir Righ. (And you can go back and count how many points were fought over.) I send out special thanks to those who stayed late to finish the clean-up and shut down of the site, as well as the Marshals, those who run the war points, the bakehouse, the baths, the teachers & takers of Classes... ok pretty much everyone.

-Mikhail Kurganovic Steward
of Lions War 2023

Crown

September 1-4

September Crown was fantastic for so many reasons. We all go through motivational ups and downs when it comes to the SCA I imagine, or any hobby, but I'm certainly riding pretty much at the highest point right now and hoping to keep it rolling along for some time.

The event was always going to be pretty awesome since my good friend Sir Daniel St. Sennen was getting Knighted right before the Tournament, and in the last 4 years might be the person I have fought the most. I have often joked that I made him in a lab to defeat me, though I'm glad that has certainly gone back and forth recently.

But even after having a close friend Knighted, to then have Ulfgar Hjartar Bani Thorvaldsson and Juahara al Azin win the Crown Tournament took it to another level, even if Ulfgar knocked me out of a THIRD

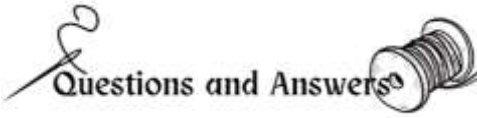
TOURNAMENT this year. Big congrats to them both! I know this has been a quest for the Gar since rocks were soft, so happy I was there to witness and help carry him around after their victory.

It's going to come as no surprise to anyone that I love to fight; I have been in my past, and continue to be to this day, a stick jock. I've tried to round

myself out a bit more over the years, but without the combat aspect I often wonder where in the SCA I'd be. Even with my love of the fighting aspects of our game, I have rarely fought in Crowns or Coronets over the years, and with varying levels of success. I've shown well at Ursulmas, but until recently kept those tournaments with a job (Crowns and Coronets) to a minimum. My wife enjoys the SCA but is certainly not into it enough to want to sit on the throne, and I have a lot of social anxiety when it comes to crowds that I need to overcome. This may come as a surprise to some people, as I can be quite the extrovert in smaller groups of close friends. I'm always inspired by my wife, but I have been fighting for and inspired by our friend Sina Erdeneva. Cynthia came out Sunday to cheer me on with Sina and with BOTH in my corner this last weekend I went 9 rounds and tied for 4th out of 76 combatants, surrounded by some of my favorite fighters in the top 5. Lastly, amongst all of that, there were the fireside chats, drinks, friends, and chosen family to laugh and enjoy each others company. September Crown was wonderful.

-Sir Magnus Ulfgarsson

July is Disability Awareness Month



**Bantiarna Sadhb Bheag ingean
Toirrdhealbhaigh**

Question- What does disability mean to you?

Answer- It means it's harder to do the same tasks in the same time frame and needs more time to do and rest. I hate the phrase "everyone has the same 24 hours a day" because it doesn't consider that some of us need more of that time to accomplish the same goals...and sometimes we need help no matter how much time we have to get them done.

Question- Does the SCA feel inclusive to you for those with disabilities?

Answer- I feel it's getting better. More people are aware, more are giving grace when our disabilities

show up in the moment. More accommodations are coming forward. There is still work to be done as we learn what we can address next. No one can address them all at once. Even us with disabilities don't necessarily know the answers and we must brainstorm what can work, try it out, tweak it... it's very much a work in progress.

Question- What are a couple ways your disabilities have affected you in your SCA?

Answer- I have a kind of aphasia that makes it hard sometimes to find words to communicate. Many people think I'm trying to be diplomatic or infer meanings I'm not intending. Or they get impatient with my slow expression of what I'm trying to say. I often use internal scripts to convey common communication, but if I'm caught off guard, especially on something with a lot of feeling behind it, my brain will often go completely blank, and I have no words or poor words to say anything at all. I often get down on myself because my meaning is sometimes completely misunderstood to the point of someone taking offense to me. It affects my ability to be seen as a reasonable, chivalrous person. If I want a more involved office in the SCA, I need to be seen as someone who can take on that role. Fact and feeling are two different things. Intent vs. Impact is a concept that I

have learned very well. If people take offense because my aphasia stepped in one time....it could even affect my ability to be seen as having Peer-Like-Qualities

Question- How have you/others helped you over come some of your hurdles?

Answer- Those who are close to me understand and have been known to step in to advocate, translate, mediate for me. In both directions...to help me understand other people's context, and to help others understand mine. I am forever grateful that our SCA does include a mentorship process in many of our Roles. Having members of some polling orders be willing to reach out to address misunderstandings has also helped.

Question- What does disability awareness month mean to you?

Answer- Hrm. Not much. Disability isn't simply acceptance. The solutions are much bigger than that. No one is using this month to brainstorm another accommodation. Solutions are a long-haul sort of thing that not everyone has the spoons to address. Building the bridges to make things more accessible takes inspiration, lightbulb moments and the determination to make them happen. Most disabled people are already exhausted just trying to keep up. We have to rely on the more

abled to take on some of the work. That said, some of the things I'm proud of An Tir and our Barony of Lions Gate in addressing. Not forcing people to come up to Court, finding work around for recognizing work, Live stream and recorded Courts and activities, including having people go around to the various displays and people to bring those to people who can't be there for whatever reason. Changing traditions and traditional methods to make our game more accessible without reducing the quality of work that needs to be attained. Simple things like the raised kneeler/chair for those who can't get down to their knees.

Question- *As someone who experiences difficulties, how do you help others that may experience the same things?*

Answer- I try to give grace when things go sideways. I try to assume best intent and be curious about what happened. Sometimes keeping the communication open is the best thing we can do and encourages everyone to help find solutions. If people feel their efforts are recognized, they will work more to helping build better ways. I make mistakes and I try to be humble, give myself grace and be open about it. When people see my efforts being accepted, they are more open to sharing their experiences and situations. This conversation helps everyone be more mindful, more gracious and even more inspired to find better ways. And I like to be a listener. People often just need someone to hear them.



Sir Bryn FitzSavaric

Question - *Do you self identify as having any disability?*

Answer - I have severe anxiety and depression. Plus, I am legally deaf in my right ear.

Question - *What do you wish people knew about living with anxiety and depression? Does being partially deaf impact your SCA?*

Answer - The biggest part about having depression and anxiety is how hard it is to do anything social. And how low my social battery can be. How having conversations that may seem so easy to others is tortuous at times. Being afraid to say the work thing. Afraid that people won't like me. That they don't want me around. Or that I will be annoying when I try to fit in. That anxiety feeds on itself and can make me do things impulsively like bad jokes to be funny that are not. As for my hearing loss it effects all

kinds of things. A big one is hearing Holds during fighting. I hit Vic hard during a fight after a hold was called that I didn't hear. Also just trying to talk with people and not being able to make out what they say is a constant battle of guessing what I think they said and going "sorry I didn't catch that". It's exhausting.

Question - *Do you feel the SCA provides a sense of belonging to you despite feelings of anxiety and depression? How so?*

Answer - 100% yes. The people inside the Sca all have their own challenges and many of them have similar ones as I do. So I have found that people here are more forgiving of mistakes and awkward conversations. It's also a place where you can make mistakes, learn about it and try again. If what you are doing comes from a place of well meaning and not overly harmful to others, the SCA is more forgiving than a lot of other groups of people. So, you can mess up and show up next week or event and try again. And when you get it right most people here forgive and move past it. This allows people to try and fail and learn in a safe environment. This isn't always true of everyone of course. But, for the people I choose to be around it's a core principle.

Question - *You work in a profession that accommodates those with disabilities, is there anything you've learned doing that has translated to you in the SCA?*

Answer - Of course. Acceptance. People all struggle with something. No exceptions. When you understand that it allows you to see them as human. Like yourself. We

all make mistakes. We all struggle. We all are just trying our best to do what we can. When you accept that truth it frees you of judgement that clouds your points of view of others and allows you to see them as they are. And then you can find ways to move forward with them that helps them. And that in turn helps you. When your friends and people around you are doing well your problems become easier in so many ways.

Question - What is one or a couple ways people can show acceptance/inclusivity to everyone?

Answer -First is a mindset. No one way is the only way. We all have strengths and weaknesses. I am good at seeing people as they are and accepting that which helps them feel safe. That safe feeling can help them try things they may not otherwise do. But I am not great at organizing and details. So, I cannot run an event say. I would let too many things slip by my notice and would make a lot of mistakes that would hurt the event. So, when we take the time to see people as they are, not as we would want them to be, we can help each other by offering our strengths to help others' weaknesses. This allows everyone to find a place in our group and contribute in meaningful ways.

Question - Teamwork makes the dream work?

Answer -Yeah. And it allows everyone to try and reach their full potential. Whatever that looks like. Be it as a fighter, or a leader or a musical artist. Whatever your path is when we work together to help each other we make everyone better.



What National Day for Truth and Reconciliation Means to Me

My mother's biological parents were a 16-year-old white girl and a young half-indigenous man. My mother was adopted and by time she met her biological mother she learned that her father had died of alcohol poisoning in his 30's. When I was a child, it was indicated that I was a percentage indigenous on my school admission forms. Thus, I was able to be a part of an elementary indigenous cultural learning program. I was blessed to have been accepted by my indigenous elders and peers in school even though I looked nothing like them. For me it created a space for community and cooperation. We learned about our culture through art and ceremony. I realize now this acceptance is the opposite of how white people treated the indigenous peoples throughout history.

When I was a teenager, I fancied myself a 'social justice warrior' for women's and gay rights. I spoke out against issues that affected me not realizing that unforgivable racism was only 1-2 degrees of separation away. I know now that I am privileged that I never personally experienced the racism that my

ancestors did. I remember learning about residential schools in high school and it did not 'click' for me that it was a genocidal atrocity. The concept was too abstract for me at the time. I never pondered the untold stories of trauma and abuse and viewed it more like a boarding school. It was framed as an issue that was 'over'. I didn't understand generational trauma and how something that was 'over' could still be affecting people who experienced it to this day.

I've experienced my life through the privilege of looking white. I lived in Port Alberni in my early 20's where there is a large reserve and population of indigenous peoples. The white people in my workplace commonly complained that Natives were 'lazy' and 'dirty' and 'abused the welfare system' and did not deserve special fishing or land privileges. My mother was called a squaw as a child by her adoptive grandmother and would demean herself as a joke with the term. I still was in the mind set of believing that the past was in the past and so I listened to all the negativity and racism and never spoke up. I thought maybe the racism was caused by an unfair distribution of

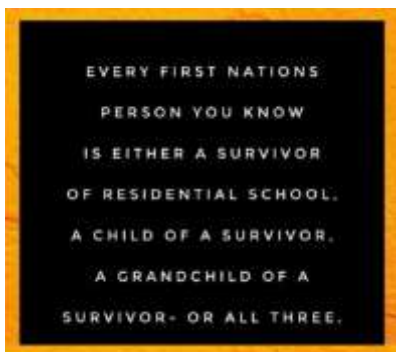
fishing privileges and tobacco prices. I didn't realize that that all the unfairness and racism cannot be just 'forgotten about'. Generational trauma is still following people around. Fishing, tobacco, and small land privileges is such a tiny 'perk' when everything was stolen.

In 2020 I read the book 'Good Morning, Monster' by Catherine Gildiner. Catherine Gildiner's book tells the stories of her most remarkable patient trauma recoveries. One of the stories centered on a Cree man who had grown up in a Christian residential school in Canada. This book opened my eyes to the actual lived experiences in residential schools. Danny grew up being beat by the priests if he ever spoke his language to the point where he forgot and could no longer talk to his community at home. He was also sexually abused almost daily during his entire residential school experience. This was a common occurrence for all children in residential schools. The next year, 2021 was when the first unmarked graves of children from residential schools were found in Kamloops. In the same year my brothers were trying to fill out a family tree. My mother's side is hard to track because she was adopted. My mother's grandmother was named Ruby and my brothers ended up speaking to her descendants. They never found the answers they were looking for because there are family secrets that were too painful for people to talk about. We know now that my mother's father went to residential school as did his mother. My mother's father is half white and his Indigenous mother Ruby never

disclosed who the father was. Thus, that branch of our family tree will always be a mystery.

Looking at my past I regret my cowardice of being accepted into a community and learning about and enjoying a culture and then not defending that culture for so many years. I am thankful that there is more knowledge and that we now recognize 'Truth and Reconciliation Day' I feel like acknowledgment of real facts helps people like me outline why racist comments and beliefs are wrong instead of not knowing enough and not being brave enough to speak up. I hope this day continues to be recognized for as long as we live on this land.

- Anonymous, Lions Gate



What is Michaelmas?

Michaelmas was celebrated by Roman Catholic and Anglican churches beginning in the fifth century A.D. Traditionally, there were four quarter day feast celebrations in a year; Lady Day March 25, Midsummer June 24, Michaelmas September 29 and Christmas December 25. Michaelmas lands on the autumnal equinox where day and night are equal length, marking the end of the harvest season and the start of autumn. This day was also known as

the Holy Day of Obligation because it was the deadline for matters of the court, end of school terms and feudal taxes. Michaelmas comes from the shortening of 'Michael's Mass', like Christmas 'Christ's Mass'. Michaelmas is named after the Archangel Michael who Roman Catholics and Anglicans believed defeated Lucifer and his angels and could protect against the darkness of night. The traditions on this day lent to protecting against financial woes and blessing the fields for a good harvest next year. Some customs were taken from paganism such as a corn doll that was crafted to house the spirits of the grain so they could bless the fields. People would also eat vegetables, oatcake, and roast goose for luck. Traditionally, families spent the day doing good, dancing, and singing. However, no one was allowed to eat blackberries after Michaelmas because it was believed that the Devil had spat on them. Today Michaelmas is largely forgotten.

-Dagny I Fyrði





Sekanjabin

Sekanjabin is the Arabic version of the Persian word, "honeyed vinegar". It is first found mentioned in a Canon of Medicine or the Kitāb al-Fihrist written by the Persian physician and polymath, Ibn Sina, known in the West as Avicenna.[1][2][3] It's also mentioned in The Treasure of Khwarazm Shah by 12th century physician Zayn al-Din Sayyed Isma'il ibn Husayn Gorgani (c. 1040–1136)[4] who extolled its medicinal virtues including easing various stomach upsets and indigestion.

It is made in the form of a syrup, which can be diluted with water and ice, or eaten with lettuce dipped into it[5]. There are countless variations of the recipe, but its base is a simple syrup, made with either sugar or honey, and vinegar, with some flavouring herb. Mint, cucumbers, rose petals, rosemary, and lavender are all used to flavour sekanjabin, as well as various different flavours of vinegar, but I went with the classic recipe of honey, white vinegar and mint.

Medieval Recipes



The great benefit of sekanjabin is that, as vinegar is an electrolyte, it is particularly helpful in the heat, and is often referred to as "medieval Gatorade", as it has the same benefits in fighting dehydration.

- Rosalind McAllistair

Recipe:

2 cups honey
1 ¾ cups water
¾ cup vinegar
12 sprigs of mint
Stir the honey and water together over medium heat until fully dissolved. Add vinegar and mint and simmer for 20 minutes. Remove from heat and let cool overnight. Strain out the mint and mix with water and ice, or dip with lettuce leaves.



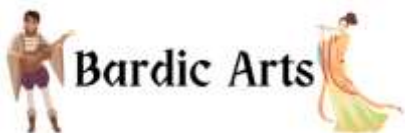
Sources:

- [1]<https://fleurtyherald.wordpress.com/2013/02/04/sekanjabin-a-persian-refreshment/>
- [2]<https://en.wikipedia.org/wiki/Avicenna>
- [3] <https://www.gurgl.in/seeking-sekanjabin-an-ancient-persian-cooler-in-mumbai/>
- [4]https://en.wikipedia.org/wiki/Zayn_al-Din_Gorgani
- [5]<https://turmericaffron.blogspot.com/2010/02/sekanjabin-sweet-and-sour-ancient.html>





On the first Monday of every month our populace rejoices in an online show and tell for the Arts and Sciences. Please visit the Principality of Tir Righ Facebook page to see what wonderful things everyone is working on!



An Tir Monthly Online Bardic is held on Zoom on the first of every month at 7pm PST details posted on the Tir Righ Facebook page by Briauhanna Colette La Trouvere of the Barony of Dragon's Mist

Bardic Arts and Science Social every 4th Tuesday from 7pm to 9pm starts October 24th 2023. 13895 102 Ave Surrey. Skytrain to Surrey Central Station. Take bus 325 Newton Station via 140 St. Get off at 139 Street and cross street. If you drive there's 6 visitors spaces and plenty of street parking. We have space for a number of people. If you are interested in coming please PM Marie Nasrani for info and instructions for entry into her gated strata complex.



Dance

Wednesdays 7-9pm
Options Community Services
13352 Old Yale Road, Surrey

Heavy Fighting, Rapier All Things

Mondays 7-9 pm
Westwinds Community Church
6331 176th Street, Cloverdale

Archery & Thrown Weapons

Sundays 3-6 pm
Cornwall Ridge Farm
21955 16 Ave, Langley Township



An Tir Compendium

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Queen of An Tir

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Crown Princess

Juahara al Azin

Crown Prince

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Disclaimer

This is the NORTH WIND, a publication of the Barony of Lions Gate of the Society for Creative Anachronism, Inc. The North Wind is available online on the Barony's Facebook page.

<https://www.facebook.com/groups/lionsgate>

It is not a corporate publication of the Society for Creative Anachronism, Inc, and does not delineate SCA policies.



Financial Policy

The currently approved Financial Policy shall be available on the Lions Gate website, in its entirety. The page for the policy documents is currently:

<https://lionsgate.tirrigh.org/forms/>



**Society
for Creative
Anachronism**



Bullying & Harassment Policy

The SCA prohibits harassment and bullying of all individuals and groups. If you are subjected to harassment, bullying, or retaliation, or if you become aware of anyone being harassed or bullied, contact/report to LionsGate.Seneschal@tirrigh.org. If you need to further escalate a report you can do so through the Principality or Kingdom Seneschal, the President of the SCA, or your Kingdom's Board Ombudsman. <https://www.sca.org/wp-content/uploads/2020/07/Bullying-Policy-April-2020.pdf>, <https://antir.org/offices/kingdom-seneschal/>





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Volunteering for a vacant position can be fun!
E-mail the Baroness or Seneschal for more info!

Word Search Clues



Lions Gate Calendar

October

- 13-15 Freeze Off
The Shire of Ramsyard (Kamloops, BC)
- 14 Salon Artificum
The Barony of Lions Gate (Vancouver, BC)

November

- 3-5 Tir Righ November Coronet
The Principality of Tir Righ)
- 18 Baroness' Inspiration Tournament
The Barony of Lions Gate (Vancouver, BC)
- 25 Hartwood Yule
The Shire of Hartwood (Nanaimo, Campbell River, Courtenay, Port Alberni, BC))

December

- 2 Lions Gate Baronial Banquet
The Barony of Lions Gate (Vancouver, BC)
- 12-14 Twelfth Night Coronation
The Kingdom on An Tir
- 26-28 Ursalmas
The Barony of Aquaterra
(Snohomish County, WA)

1. A process for making copies of paintings that are painted on a pretreated canvas using a special press, which reproduces the texture of the brushstrokes as well as the colour, but destroys the original in the process.
2. 10th letter in the Greek Alphabet
3. References to this fabric go back as far as the 3rd century BC,
4. Anything kept or given to be kept for the sake of the giver; a token of friendship.
5. Etymology: (n.) 1630s, earlier kag (mid-15c.), from a Scandinavian source
6. A coarse hair or fiber in wool.
7. The stitch made near the head and tail of a book sewn on tapes or cords, and which holds the sections (other than the first and last) together.
8. The figurative meaning of this word "serving to open or explain," existed in Old English.
9. Fishing net
10. Historical capital of medieval Kievan Rus' from 879 to 1240
11. A furnace for firing pottery
12. Traditionally worn by men as part of Scottish Highland dress.
13. Of a similar nature or character
14. Territory ruled by a king or queen.
15. Sometimes called cotte, cotehardie
16. Archaic definition: waggish; roguish; mischievous.
17. From Old English cnedan
18. Cushion used to lower oneself in front of Royalty.
19. Wears a white belt.
20. Tracing its roots to Central Asian nomadic tunics, or upper body garments, of the late-ancient- or early medieval era





Y	M	K	K	P	T	K	D	A	K	I	N	D	R	E	D	C	N
P	I	Z	E	T	E	E	I	K	Z	A	K	K	A	P	P	A	E
K	J	D	Y	Y	P	T	K	R	A	D	Y	A	E	O	Z	N	J
N	Q	G	K	K	E	T	N	K	T	M	G	P	S	M	E	S	J
E	K	E	N	E	J	L	E	K	H	L	A	D	L	H	P	X	G
E	O	H	I	E	X	E	A	N	L	P	E	G	C	K	M	B	U
L	D	X	G	P	K	S	D	A	K	F	I	B	R	E	E	I	O
E	W	H	H	S	I	T	Y	V	D	R	H	C	A	A	P	G	R
R	R	V	T	A	E	I	F	I	F	K	I	L	T	D	P	X	T
Z	U	P	N	K	V	T	Q	S	K	I	N	G	D	O	M	H	A
D	N	R	C	E	J	C	M	H	Q	S	K	U	R	T	A	P	Y
K	I	L	N	T	N	H	K	I	D	D	L	E	B	K	V	I	S

Credits & Photo Descriptions

Cover Page

Page 1 - By Sir Morgan of Aberystwyth
"This was art was challenged to me by my Laurel Jadwiga Radomska of Thornwold in order to become her student. It is a reproduction I drew and painted of a panel from the Arthurian Romances Codex (Mid-13th Century France). The original is kept at the Beinecke Rare Book & Manuscript Library at Yale University. This reproduction from start to finish took me 28 hours."

Photographs

Page 2 – Merchant table at Crown with wares made by Ewen Mac Ddhglas – photo credit: Ewen Mac Ddhglas
Page 2 – Baron Cyneric Bearson and Baroness Arianna Freemont – photo credit: Ylva Annarsdottir
Page 4 – Sadhb Bheag ingean Toirrdhealbhaigh – photo credit: Sadhb Bheag ingean Toirrdhealbhaigh
Page 5 – Brynmore FitzSavaric – photo credit: Mavis
Page 7 – Etan na Garmna Casail's tapestry of Saint

Michael – photo credit: Finn Grim Baneson
Page 8 - Sekanjabin – photo credit: Rosalind McAllistair
Page 9 – Tadgh Gan Briste and Olen Medvedovich Ovanov helping at Lions War work week – photo credit: Ylva Annarsdottir
Page 10 – Totem Pole at Camp Mclean/Crown Site – photo credit: Ylva Annarsdottir
Page 10 – Popular SCA drinking Game 'Tablero' – photo credit: Ylva Annarsdottir
Page 12 – Daniel St. Sennen during his knighting at September Crown– photo credit: Ylva Annarsdottir
Page 12 – Image from 'Crown - An Tir' Facebook page
Page 12 – Ro Magdalena Freyin receiving her Award of Arms at August Investiture – photo credit: Gala Eiriksdothir
Page 13 – Artwork and puzzle by Dagny I Fyrri
All unlisted images were found on Canva.com

The Good Gentles Mentioned in this issue

Angharad Verch Cenydd
Arianna Freemont
Bleddyn Pwllgwyngyll
Briauhnna Colette La Trouvere
Bryn FitzSavaric
Brynja Kortsdothir
Cyneric Bearson

Dagny I Fyrri
Daniel St. Sennen
Etan na Garmna Casail
Ewen Mac Ddhglas
Finn Grim Baneson
Gala Eiriksdothir
Jacomina van Vossenbrouck
Jadwiga Radomska
Juahara al Azin
Koga of the Wolfpack
Lishinia Aurelia
Livia Alexandra Severa
Magnus Ulfgarsson
Mikhail Kurganovic
Millicent of Eaglescliff
Morgan of Aberystwyth
Morgan of the Oaks
Nereugei Kitad-un
Olen Medvedovich Ovanov
Ro Magdalena Freyin
Sadhb Bheag ingean Toirrdhealbhaigh
Saethryth de Apeleia
Sina Erdeneva
Sorcha Inghean Triein
Tadgh Gan Briste
Uilliam mac Fearchaic mhic Gille Aindraais
Ulfgar Hjartar Bani Thorvaldsson
Vikingr Eiricksson
Ylva Annarsdottir